



# WINDERMERE SECONDARY *Weekly Bulletin*

We would like to acknowledge that we live, work and play on the unceded and traditional territory of the *xʷməθkʷəy̓əm* (Musqueam), *seɬíɬwítulh* (Tsleil Waututh) and *skwxwú7mesh* (Squamish Coast Salish) peoples.

## THE WINDERMERE WAY!

- R Respect
- E Excellence
- A Attitude
- C Courage
- H Honesty

# September 27 – October 1, 2021



**School Operating Hours:** Please note that our office is open from 7:30 am to 3:45 pm.

## SEMESTERS

Semester 1	Sep 7, 2021 – Jan 28, 2022
Semester Turnaround Day	Jan 31, 2022
Semester 2	Feb 1, 2022 – Jun 29, 2022

## DATES TO REMEMBER

Sep. 28	School Photo Day
Sep. 30	National Day for Truth and Reconciliation (No School)
Oct. 5	PAC Meeting at 7 pm

## Land Protectors Club

Hello Windermere!

The Land Protectors Club will be hosting a fundraiser to support the Indian Residential Schools Survivors Society <<https://www.irsss.ca/>>. Students and staff have made personalized, multi-purpose cards for any occasion that start at \$3 per card for students and \$5 per card for staff. There will be deals if you want to buy more than one card! Also, our very own Melissa Yellowknee has made a beautiful beaded VSB pendant that will be auctioned starting at \$60. Place your bids! It is a beautiful work of art.

See you lunchtime in the foyer Tues, Wed and Thurs this week, and next week if need be, Windermere!

**Prices!**

For teachers: LPC handmade cards \$5 per card, 2 cards for \$9, 5 cards for \$20

For students: LPC handmade cards \$3 per card, 2 cards for \$5, 5 cards for \$12

Cards with envelopes in plastic packaging:

students - \$4 per card, 2 for \$7, 5 for \$15

Staff - \$6 per card, 2 for \$10, 5 for \$25

Beaded VSB pendant courtesy of Melissa Yellowknee: bidding starts at \$60

## Grade 12 Information Session

All Grade 12 students and their families are invited to join an online information session on October 7th at 6 pm on Teams. Topics covered include: general graduation requirements, scholarships, and graduation events. A link to the meeting will be posted in the Grade 12 Students Team closer to the event.



## Truth & Reconciliation Week at Windermere

From **Sept 27th to Oct 1st**, our school will be engaging in education and activities to learn about Truth & Reconciliation. Students will be participating in lessons in their classes throughout the week. We ask everyone in our school community to **wear something orange all week** in recognition.



## Work Experience

### Work Experience 12 Students:

Just a reminder that your summer assignment/paperwork is **due on Monday, September 27th by 3:10 pm in room 320**. Please paperclip your work together and **submit it in-person** as I need you to sign a class roster as well. Thanks to those students who have submitted early.

Please keep an eye on your email inbox as I will be organizing groups to **interview** during the Thursday FIT sessions **throughout October and November**.

### Work Experience 11 Students:

Please note that I have **moved to room 320** this year. Also, the first part of the year my attention is on interviewing and placing my Grade 12 students. Therefore, you will not have very much communication from me until we reach the spring. At that point, I will email you to notify you of your interview schedule and the paperwork that you will need to bring with you. However, please feel free to drop by room 320 any afternoon or email me ([mbulietta@vsb.bc.ca](mailto:mbulietta@vsb.bc.ca)) if you have any questions or concerns.



## Hey Grade 12's - a couple of scholarship announcements:

### 1. **University of Toronto National Book Award Nomination 2022**

The University of Toronto National Book Award Program recognizes and rewards the very best Canadian secondary school students, regardless of which university those students choose to attend. Students nominated for this award are also encouraged to submit an application to the National Scholarship Program. Students must be nominated by their secondary school. For more information, please go here: <https://future.utoronto.ca/national-scholarship/about/>

- **Criteria:**
  - Canadian secondary school students intending to begin university in September 2022
  - Canadian citizens, permanent residents or protected persons
  - Students should demonstrate superior academic performance, original and creative thought, and exceptional achievement in a broad context
  - Students should excel in academic pursuits, demonstrate enthusiasm for intellectual exploration and have a strong involvement in the lives of their schools and communities
- **Award Value:**
  - Award recipients receive a National Book Award recognizing their achievements, and as a symbol of their academic potential.
  - This is a non-monetary award. It is an actual book, which includes a personalized inscription.
  - The National Book Award will be sent to your school in April, for presentation to the student at their secondary school graduation ceremony at the end of the school year.

### **If you would like to be considered for this award:**

- **Submit a 250 word MAXIMUM written statement demonstrating how you best fit the criteria above by October 5th at 3 pm**
  - Please give your statement **to Ms. Rempel in 104** or hand in to the box on the **office** counter
  - Please submit **PAPER** copies only – no digital submissions
  - Please include your **name, your student number, and an email address** that you actually check on your written statement.
2. **Also, please remember to check the Scholarships channel in the Grade 12 Team. There's important information there about the **Loran Award!****

## Health & Safety Reminders

Health & Safety Reminders: In the interest of health, safety, and well-being for everyone, we ask students to arrive at the school no earlier than 15 minutes before the start of classes and to leave the school no later than 15 minutes after the end of classes. Unless students are involved in a staff-supervised extra-curricular activity or have an appointment with a staff member, they should be heading home at the end of the day and avoiding gathering. Please remember to keep your masks on and sanitize hands.

## School Fees

School fees are now available to view and pay online through [School Cash Online](#). Families will have to set up an account to pay for school fees using a debit or a credit card, or a cheque online.

To register for [School Cash Online](#) go to the school website at <http://windermere.vsb.bc.ca>

→ click on the icon, "Pay Fees" at the top of the home page

→ click on the icon, "Sign In" if you already have an account or click on the icon, "Register" to create an account and pay fees

Please note that course fees for workbooks and class materials will not appear on accounts and be collected until the end of September when student schedules will be settled. Grad fees will not be collected at this time due to the uncertainty of COVID and its effect on grad events.

## FIT Schedule

	M/W/F	T	Th
<b>Block 1</b>	8:40 to 10:01	8:40 to 9:36	8:40 to 10:01
<b>Break</b>	10:01 to 10:09	9:36 to 9:40	10:01 to 10:09
<b>FIT</b>	n/a	9:40 to 10:30	n/a
<b>Break</b>	n/a	10:30 to 10:34	n/a
<b>Block 2</b>	10:09 to 11:30	10:34 to 11:30	10:09 to 11:30
<b>Lunch</b>	11:30 to 12:15	11:30 to 12:15	11:30 to 12:15
<b>Block 3</b>	12:15 to 1:36	12:15 to 1:36	12:15 to 1:11
<b>Break</b>	1:36 to 1:45	1:36 to 1:45	1:11 to 1:15
<b>FIT</b>	n/a	n/a	1:15 to 2:05
<b>Break</b>	n/a	n/a	2:05 to 2:10
<b>Block 4</b>	1:45 to 3:06	1:45 to 3:06	2:10 to 3:06

## September 27<sup>th</sup> ~ Oct 1<sup>st</sup> Weekly Lunch Menu

### MONDAY 27

**Soup:** Beef & Vegetable Rice Soup

**Special:** Chicken Quesadilla, Sour Cream, Salsa

**Entrée:** Fish & Chips & Coleslaw (V\*: Spinakopita)

**Dessert:**

### TUESDAY 28

**Soup:** Cream of Broccoli & Cheese (V)

**Special:** Cauliflower Bites, Spicy Mayo

**Entrée:** Pull Pork Sandwich, Fries & Caesar Salad (V\*: Vegetarian Patty)

**Dessert:**

### WEDNESDAY 29

**Soup:** Cream of Mushroom (V)

**Special:** Hot Reuben Sandwich & Fries (Pastrami, Swiss Cheese & Sauerkraut)

**Entrée:** Beef Lasagna & Spring Mix Salad (V\*: Stuffed Bell Pepper & Mix Salad)

**Dessert:**

### THURSDAY 30

**NO SCHOOL**

### FRIDAY OCT 1

**Soup:** Wonton Soup

**Special:** Vegetarian Samosa

**Entrée:** Butter Chicken, Basmati Rice, Naan (V\*: Daal)

**Dessert:**

**V: Vegetarian, V\*: Vegetarian Option Available (Limited)**

Welcome to the 2021/2022 school year!

The Windermere PAC (Parent Advisory Council) would like to take this time to extend a warm welcome to both our new and returning students and families - with a particularly special welcome to our eighth graders. We hope you're looking forward to joining the school community and know you'll enjoy your academic career at Windermere.

The first Windermere PAC meeting of the year will be held on Tuesday, October 5th from 7pm until 8:30pm (in person or via Zoom, yet to be determined). Whether you have been attending meetings since your student/s started at the school, this is your first, or you're new to the school, we hope to see you there. As the parent or guardian of a Windermere student, you are officially a member-at-large of the PAC and always have a place at our monthly meetings. PAC meetings are a great way to learn more about the school community, meet other parents, meet teachers and administrators, and hear from guest speakers on a variety of topics that affect our students. Past topics have included social and academic anxiety, cyber-bullying, drugs and alcohol, and presentation from the gang squad. Thanks to a healthy budget from our regular grant applications the PAC doesn't need to take part in fundraising, so connection to the school and educational engagement are our focus. Your involvement will give you a greater sense of the school community and the extra-curricular opportunities available to your student/s at Windermere.

Mark your calendars! We meet at 7pm throughout the school year on the first Tuesday of the month, with the exception of September and January.

You can anticipate another email in you're in-box once we have finalized the details on the guest speaker/s for our October meeting.

See you in October!

Until then, we can be reached at the enclosed email: [pac\\_wind@vsb.ca](mailto:pac_wind@vsb.ca)

Your Windermere Parent Advisory Committee Executive

# YOUTH SERVICES CALENDAR

AS OF SEPTEMBER 1, 2021



We welcome all youth and would love to chat with them. If you have any questions about our youth programs, please don't hesitate to contact the individuals listed to schedule a time to chat.

Our welcoming and inclusive community is located in the vibrant Hastings-Sunrise and north Renfrew-Collingwood neighbourhood of East Vancouver, on the traditional, unceded and occupied territories of the Skwxwú7mesh (Squamish), Salilwataʔ/Selilwitulh (Tsleil-Waututh), and xʷməθkʷəy̍əm (Musqueam) nations.

## WORKBC SERVICES

### Drive Youth Employment Services

For youth aged 16-30 who need help with finding employment, training and community resources. We are a youth outreach centre for WorkBC Vancouver Northeast.

Reach out to us and someone will walk you through the online application! We are open for drop in Mon-Thurs, and appointments only on Fridays.

Connect with us:  
Call 604 253 9675 or email [rosie@froghollow.bc.ca](mailto:rosie@froghollow.bc.ca)

## INDIGENOUS YOUTH EMPLOYMENT PROGRAM

The "IYEP" program is for Indigenous Youth aged 17-29. This 16-week program is divided into 2 phases:

Phase 1: Learn the necessary skills to find and secure employment. \*3 days per week for 8 weeks with honorarium upon completion  
Phase 2: Learn on-the-job skills, and gain experience \*8 weeks of paid employment for 21 hours per week

Connect:  
Call 778 957 1475 or email [tashajohnson@froghollow.bc.ca](mailto:tashajohnson@froghollow.bc.ca)

## PRETEEN PROGRAM

Join us on Wednesdays and Thursdays from 3:30 PM to 6 PM!

This is an after school program for newcomer preteens 10-14 years old at Frog Hollow Neighbourhood House. We run indoor and outdoor activities aimed at learning and building new skills, boosting confidence, and developing leadership abilities.

For more info, contact: [raffif@froghollow.bc.ca](mailto:raffif@froghollow.bc.ca)  
Instagram: [@fh\\_preteen](https://www.instagram.com/fh_preteen)

## YOUTH ADVISORY COMMITTEE

Organizing youth-led initiatives in the Hastings-Sunrise neighbourhood

The Frog Hollow YAC is made up of youth in our Hastings-Sunrise community who meet regularly to advise, learn about, plan, and lead events and projects with the goal of meeting the needs of the community. Supported by Frog Hollow youth program staff, YAC members learn from and support to each other while working towards community development.

Connect: [dakota@froghollow.bc.ca](mailto:dakota@froghollow.bc.ca)

## LUNCHTIME PROGRAM AT VAN TECH

Connect for more information about our September start dates!

The Lunchtime Program at Vancouver Technical Secondary in partnership with Vancouver School Board SWIS workers provides a safe space for newcomer students grades 8-12, to connect, build self-esteem, practice English and learn more about community resources.

Connect: [raffif@froghollow.bc.ca](mailto:raffif@froghollow.bc.ca)

## GET R.E.A.L. PROGRAM

Connect for more information about our September start dates!

Get R.E.A.L. is a referral-based program for students in grades 8-12 from Windermere Secondary with a demonstrated capacity for leadership. The program is a partnership between the VSB and Frog Hollow Neighbourhood House. We offer alternative learning pathways and a sense of belonging towards topics relevant to youth today.

Connect: [chwallace@vsb.bc.ca](mailto:chwallace@vsb.bc.ca)

## YES CHEF! PROGRAM

Registration is open for our next cohort starting in September 21!

YES CHEF! is a 10 week cooking and baking training program for youth aged 16-30 who are Permanent Residents or Convention Refugees. For more information, connect with Paulina, Newcomer Youth Coordinator.

Connect: [paulina@froghollow.bc.ca](mailto:paulina@froghollow.bc.ca)

Follow us on Instagram: [@fh\\_yeschef](https://www.instagram.com/fh_yeschef)

## YOUTH LEADERSHIP PROGRAM

Join us every Saturday in-person from 12 PM to 4 PM

This program is for youth 10-18 years old. We provide a safe space for newcomer youth to connect with peers, learn more about Canadian culture, community resources and practice English. We also provide 1:1 support for youth 10-30 years old.

Connect: [raffif@froghollow.bc.ca](mailto:raffif@froghollow.bc.ca)

## THE WELCOME CIRCLE AT WINDERMERE

Connect for more information about our September start dates!

The Welcome Circle in partnership with Vancouver School Board SWIS workers, provides a safe space for newcomer students grades 8-12, to connect, build self-esteem, practice English and learn more about community resources.

Connect: [raffif@froghollow.bc.ca](mailto:raffif@froghollow.bc.ca)

## YOUTH SKILLS

We will be opening registration for our next cohort in the Fall!

This cohort of Youth Skills is specifically for BIPOC (Black, Indigenous, People of Colour) youth aged 15-30. Youth Skills has 10 weeks of virtual workshops and a 120 hour volunteer requirement. It combines the learning and developing of transferable skills with components of self reflection and community action.

Connect: [orissa@froghollow.bc.ca](mailto:orissa@froghollow.bc.ca)

## FRAMES FILM PROGRAM

Program start date to be announced. Stay tuned!

For multi-barriered youth aged 16-30 to learn the basics of film-making - at no cost! Participants must register prior to joining the group. Referrals are required.

Register: <https://www.framesfilmprogram.com/apply>

Connect: [amanda@froghollow.bc.ca](mailto:amanda@froghollow.bc.ca)

## MAKE IT PROGRAM

Join us for virtual sessions and access to low barrier art-based employment with honorariums, counseling, food support, & more!

For youth aged 15-30 who may need support with unemployment, mental health, and/or unstable housing. Free supported group art therapy sessions (Zoom) every Thursday from 2:30 PM - 4 PM. Paid community art project updates to come!

Connect: [ashleigh@froghollow.bc.ca](mailto:ashleigh@froghollow.bc.ca)



**Ages 13-18**

*\*No cost to participate!*

# Learn to Cope with Stress

## Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

**Free online 7 week program:  
Wednesdays Oct 27th -Dec 8th 4:30pm - 6pm  
Must attend info session before registering: Wed Oct 6th OR Oct 13th  
For more information call 604.673.6182 or email YMind@gv.ymca.ca  
Youth and Adult Y Mind programs also available**

This FREE program is run by caring, trained staff,  
in a safe supportive environment.



[www.gv.ymca.ca/mental-wellness](http://www.gv.ymca.ca/mental-wellness)